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Sharing possibilities

Inspiration Through Shared Experiences

Living with hemophilia with inhibitors isn't easy. Even with the support of doctors, family, and friends, you may still feel alone sometimes.

That's why we created the Sharing Possibilities mentor program.

Sharing Possibilities helps people who want a helping hand connect with other patients or caregivers who've learned to cope with many of the challenges of hemophilia with inhibitors.

This one-to-one connection is made within a private forum in which mentors answer questions about life with hemophilia with inhibitors.

Our mentors are special people whose experience and perseverance can inspire and comfort you as you cope with the challenges of hemophilia with inhibitors.

Learn more about picking or becoming a mentor below.



Share

Connect with a Mentor

We can help you connect with someone who is a perfect fit—whether you're a hemophilia A or B with inhibitor patient, someone with congenital Factor VII deficiency, or a caregiver. Once your request to connect with a mentor is approved, you can begin asking questions and learning from his or her experiences.

[Find out more](#)

Becoming a Mentor

We greatly appreciate your willingness to share—and so will the people you connect with. Being a mentor lets you help patients and caregivers cope with many of the challenges they face daily. As you go, we think you'll find the experience to be as rewarding and fulfilling as they do.

[Learn more](#)

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Sharing possibilities

*Your Experience =
Their Inspiration*

At Novo Nordisk, we know that nothing is more important when it comes to your health than the advice and counsel of healthcare professionals. But we also know that people like to hear from others who've walked in their shoes—fellow patients and caregivers. That's why we created the Sharing Possibilities mentor program.

Sharing Possibilities helps those living with or caring for someone with hemophilia A or B with inhibitors or congenital Factor VII deficiency share their insight with fellow patients and caregivers. If you're someone who has learned to cope with many of the daily challenges of hemophilia with inhibitors—and you want to inspire others to do the same—then you're a great candidate for our program!

To get started, please click the link below to find out more about being a Sharing Possibilities mentor.

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Sharing possibilities *Being a Mentor*



Being a Mentor

Being a mentor is an important responsibility. And it's a rewarding and fulfilling experience too. A mentor is someone who has, or cares for someone with, hemophilia A or B with inhibitors or congenital Factor VII deficiency and wants to give back by talking openly.

A mentor is committed to the hemophilia community and is willing to join Novo Nordisk in this initiative to help others cope with and understand more about their condition. To do this we ask our mentors to provide personal insights like only someone with their experience can.

A mentor can be a mom who has just lived through the tween years of her son with hemophilia with inhibitors... a father and his college-bound daughter who have both learned what being independent means... or a young man in his 30s who is starting a family of his own. Each has a unique perspective that can be valuable to someone in one of those life stages.

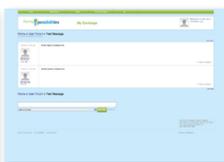
[Sign me up](#)

Making the Connection

A mentor shares insights and inspiration based on personal experience—something there's no substitute for. When a mentor is approved, he or she will receive requests to connect with fellow hemophilia with inhibitors patients who want their guidance. Once the request is approved, mentors and those with questions will be able to talk in a private forum that only they can access.

The primary way you will communicate with those you mentor is within a Sharing Possibilities forum, like the one seen below. In rare cases, a question may be answered offline, perhaps if it is too emotional or the anticipated exchange too lengthy. In this instance you will be provided with a conference call number. Once the call is complete, the exchange will move to the online forum. This is by and large your primary form of communication. The forum is secure and easy to use. It's solely for you and the people you mentor to have private one-on-one conversations.


[Click to enlarge](#)

[Click to enlarge](#)

[Click to enlarge](#)
[Click here to see how it works](#)

No one at Novo Nordisk, or anywhere else, will be able to read the exchanges. We hope that this will encourage open and honest communication.

[Tell me more](#)

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All Members/Mentors will be required to log in using their screen name and password

home recent topics search faq

Sharing **possibilities** **Welcome! Please Log in.**


 remember me
[register](#) | [lost password](#) 

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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Unread Messages

The screenshot shows a web forum interface with a light blue background. At the top, there is a green navigation bar with links for 'home', 'recent topics', 'search', 'Technical Support', and 'faq'. Below this is a white header area containing the logo 'Sharing possibilities' on the left, the text 'My Inbox' in the center, and a user profile section on the right. The user profile section includes a profile picture, the name 'MemberUser', and links for 'my profile', 'sign out', and 'unread topics' (with a '0' next to it). A red arrow points from the 'Unread Messages' text box to the 'unread topics' link.

Below the header, the main content area is titled 'My Inbox'. It features a table with one row for a folder named 'User Forum'. The folder description is 'you can answer question in this section'. To the right of the folder name, there are two columns: 'Threads' with the value '1' and 'Latest post' with the value '12/6/2011 11:33 AM - MemberUser'. A red arrow points from the 'User Forum' folder name to the text box below.

At the bottom of the page, there is a footer with copyright information: '© 2011 Novo Nordisk 1111-0006022-1 December 2011' on the left and 'Powered by CP Forum' on the right. A disclaimer is also present: 'You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.'

New messages will be displayed here. By clicking on the folder name you can review and respond to your message.

Unread Messages

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Home » User Forum » Test Message
you can answer question in this section

12/6/2011 11:29:42 AM MentorUser Administrator Posts: 19	Mentor response displayed here	0 • report to moderator
12/6/2011 11:33:35 AM MemberUser Posts: 2	Member question displayed here	0 • report to moderator

add reply

Home » User Forum » Test Message

Select An Answer (Ctrl+Enter)

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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This is the forum section where all conversations will take place



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Sharing possibilities Do's & Don'ts

The Do's and Don'ts of Being a Mentor

Being a Sharing Possibilities mentor is a big responsibility, and we appreciate the devotion that naturally goes with volunteering your time to a special program like this. As our mentors prepare to connect with patients who need their guidance, we ensure that they know exactly what their roles are. This includes boundaries for what can and can't be said.

Yes, mentors are asked to draw from their own experiences to provide both insight and inspiration. But there are many questions that they will be asked to direct to healthcare providers or other medical professionals who are better prepared to provide answers.

Please review the list below for the do's and don'ts of being a Sharing Possibilities mentor:

The Do's of Being a Mentor

- Share personal experiences honestly
- Conduct all conversations within the guidelines for Novo Nordisk educational programs (Learn more [here](#))
- Respond to inquiries within 72 hours
- Encourage patients and caregivers to immediately report possible adverse reactions
- Only provide insights in regard to appropriate, disease-focused inquiries
- Contact hemophilia mentor program managers with any questions or concerns
- Always encourage patients or caregivers to talk to their healthcare providers
- Always encourage patients or caregivers to report a possible adverse reaction to medication

The Don'ts of Being a Mentor

- Do not mention any specific hemophilia product names or references
- Do not give medical advice
 - This includes recommending that someone do something or refrain from doing something that impacts his or her health
- Do not provide information about experiences other than your own
- Do not pass on medical advice that was provided to you for your care

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Sharing possibilities

How to Become a Mentor

We're delighted that you're interested in becoming a Sharing Possibilities mentor. Your experience in managing your hemophilia with inhibitors, or caring for someone who has, is sure to be inspirational to those you connect with—and rewarding and fulfilling for you.

By simply sharing your experiences you can provide guidance and support to hemophilia with inhibitors patients and caregivers who are currently facing some of the same challenges that you've learned to manage. Your selflessness and willingness to help are certainly special qualities.

Before you begin the application process, please review the requirements for being a mentor below.



Requirements for Being a Mentor

- I'm at least 18 years of age
- I'm willing to share personal and health information to benefit others in the hemophilia inhibitor community
- I'm a member of the Changing Possibilities Coalition (If you're not a member, click [here](#) for information on how to join)
- I or the person I care for have been diagnosed with hemophilia A or B with inhibitors or congenital Factor VII deficiency and my current therapy includes a bypassing agent
- I've lived with hemophilia A or B with inhibitors or congenital Factor VII deficiency for at least 2 years
- I'm willing to serve as a volunteer with Novo Nordisk for at least one (1) year (no payment or compensation will be provided to mentors)
- I'm willing to complete a brief online mentor training course
- I have no current affiliation or relationship with other manufacturers of hemophilia treatments

Frequently Asked Questions

Get answers to the most commonly asked questions about being a Sharing Possibilities mentor.

[Click here](#)

Mentor Application

If you meet all of these requirements, please click the button to complete your Sharing Possibilities mentor application.

[Apply Now](#)

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Sharing possibilities How to become a mentor





Already a member of the Changing Possibilities in Hemophilia® Coalition?

Click the button to the right to sign in to Sharing Possibilities using your Changing Possibilities in Hemophilia® Coalition user name and password.

Not yet a member of the Changing Possibilities in Hemophilia® Coalition?

Click the button to the right to complete one registration for both the Changing Possibilities in Hemophilia® Coalition and the Sharing Possibilities program.

[Sign in/Sign up](#)

A, B or Factor VII with inhibitors and my current therapy includes a by-passing agent

relationship with other manufacturers of hemophilia treatments

If you meet all of these requirements, please [click here](#) to complete your Sharing Possibilities™ Mentor application.



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Mentor Application

Thank you for your interest in becoming a Sharing Possibilities mentor. Your insight and experience are sure to prove invaluable to those you share with. For your convenience, we've pre-filled some of your information to match our records.

Please make any necessary changes and complete the remainder of the form (**all fields are required**). When you're finished, click the submit button and we will contact you shortly.

First name: Last name: Address line 1: Address line 2: Phone: - - Email: Preferred mode of contact: Email PhoneDate of birth: - - Gender: Male FemaleLanguage(s) you speak fluently: English French Spanish Caregiver Person living with hemophilia with inhibitorsIf caregiver, name of loved one with hemophilia with inhibitors: Patient date of birth: - - **Medical Information**Diagnosis: Hemophilia A with inhibitors Hemophilia B with inhibitors Congenital Factor VII deficiency Other

[If 'other' selected, please use Decline Thank You Language and stop application]

Number of years with inhibitors:

[If date is less than 2 years from application date, please use Decline Thank You Language and stop application]

Currently living with inhibitors: Yes NoIf not currently living with inhibitors, what was the date you were tolerated?

[if tolerated date exceeds 3 years from application date, use Decline Thank you Language and stop application]

Port: Yes NoCurrent treatment includes: a bypassing agent immune tolerance induction

What joints have been impacted the most?

 Ankle Elbow Hip Knee Shoulder Other

What is your level of mobility?

 Sedentary Restricted Limited mobility with assistance Relatively active No impact on mobility

Name of current physician or clinic treating your hemophilia:

Name Address line 1 Address line 2 Phone - - **Personal Experiences with Hemophilia with Inhibitors**

How did the diagnosis of inhibitors impact how you viewed your hemophilia?

What has been the most difficult part of dealing with your condition?

What have been key transition stages in your management of hemophilia with inhibitors?

Why You Want to Be a Mentor

On which of the following experiences would you like to focus your discussions with someone living with hemophilia with inhibitors or their caregiver? Please select all that apply:

 Becoming independent Job
 Communicating with friends Career considerations
 Family Road blocks
 Work and school

What is the single most important motivating factor in your desire to be a mentor?

What do you want to gain from your experience as a mentor?

Mentor Agreement

By submitting this application, I agree to the following:

- I am at least eighteen (18) years of age
- If, along with being an inhibitor patient, caregiver, family member, or healthcare provider, I have a commercial interest in the supply of products (eg, am employed by a home care company or similar organization) or services related to patient care, I agree to:
 - Respect the confidentiality of the consumer participants and will not promote my company's/organization's products or services **now or in the future**. My relationships will be strictly as consumer to consumer.
 - I will not steer conversation in the direction of bleeding disorders business. If I am asked directly about my company's products or services, I will state that this educational event is not the place for me to discuss any commercial interests and will notify Sharing Possibilities staff immediately about this inquiry.
- I understand that the information I provide will be used to determine my qualification as an appropriate Sharing Possibilities Mentor. The goal of the Sharing Possibilities Program is to connect individuals with similar disease experiences so that they can enhance their understanding of living with hemophilia with inhibitors.
- I am committed to talking about my experiences anonymously and agree not to divulge any personal contact information in my conversations with other patients or caregivers, or to ask for personal information from others who are part of this program
- I agree to sign and submit a Sharing Possibilities Release and Authorization Form [insert link] with Novo Nordisk that authorizes Novo Nordisk, its affiliates or vendors to use my personal and health information in disease education activities and to contact my health care provider for relevant information related to my diagnosis and treatment of hemophilia with inhibitors.

Submit

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Mentor Application




We're sorry. You must be or care for someone who has lived with, hemophilia A with inhibitors, hemophilia B with inhibitors or Factor VII to be a mentor in the Sharing Possibilities program. We hope you understand and greatly appreciate your willingness to share.

[Close](#)

Email:

Preferred mode of contact: Email Phone

Date of birth: - -

Gender: Male Female

Language(s) you speak fluently: English French Spanish

- Caregiver
- Person living with hemophilia with inhibitors

If caregiver, name of loved one with hemophilia with inhibitors:

Patient date of birth: - -

Medical Information

Diagnosis: Hemophilia A with inhibitors Hemophilia B with inhibitors Congenital Factor VII deficiency Other

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Sharing possibilities

Mentor Application



We're sorry. You have to be at least 18 years old to be a mentor in the Sharing Possibilities program. We greatly appreciate your willingness to share and invite you to apply again when you are 18.

Close

Email:

Preferred mode of contact: Email Phone

Date of birth: - -

Gender: Male Female

Language(s) you speak fluently: English French Spanish

Caregiver

Person living with hemophilia with inhibitors

If caregiver, name of loved one with hemophilia with inhibitors:

Patient date of birth: - -

Medical Information

Diagnosis: Hemophilia A with inhibitors Hemophilia B with inhibitors Congenital Factor VII deficiency Other



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Sharing possibilities

Thank you for your interest in becoming a Sharing Possibilities mentor with Novo Nordisk Inc. Unfortunately, you do not meet the requirements to qualify as a mentor at this time. Please click [here](#) to review the criteria for a Sharing Possibilities mentor.

Your desire to help others living with hemophilia with inhibitors is admirable and there may be additional ways you can be involved. To find out more about the valuable tools and resources offered by Novo Nordisk, please click [here](#).



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Sharing possibilities

Thank You

Thank you for applying to be a Sharing Possibilities mentor. Your desire to help others living with hemophilia with inhibitors is admirable. We will contact you regarding your application within one week.



Once you're notified of your approval, you can begin your training immediately. You'll also receive a Sharing Possibilities mentor packet in the mail that includes more on the program and an authorization and release form for you to sign and return to us.

In the meantime, we invite you to learn more about some of the tools and resources we offer. Please click [here](#) for more information.

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Mentor Resources

Being a Sharing Possibilities mentor is a big responsibility, but that doesn't mean that it has to be confusing or difficult to do. In fact, we've done our best to make the mentoring experience as easy and convenient as possible for you. This page is one example. If you have questions, it's a great place to come for answers. You can click the links below to access a number of helpful resources.



Helpful Resources



FAQs – Get answers to frequently asked questions about adverse events, financial support and more.



Forum Instructions – Brush up on how to use the Sharing Possibilities forum.



Changing Possibilities in Hemophilia® Resources – Download helpful brochures about living with or caring for someone with inhibitors or congenital Factor VII deficiency, traveling, financial assistance, pain management and joint health, emergency rooms, and more.

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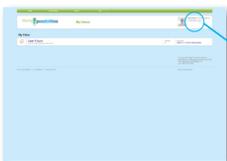
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- FORUM INSTRUCTIONS



Forum Instructions

The Sharing Possibilities forum is easy to use. In fact, it's similar to sending and reading emails, which you probably know all about. Learn more about how to use the forum below.

To use your forum, you'll need to create a Sharing Possibilities forum screen name. Your screen name should be 6-8 characters long and not include your last name or any words that may be offensive to others. It should also be different from your Changing Possibilities Coalition username.



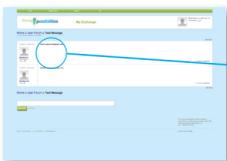
Click here to open the messages in your personal inbox.

[Click to enlarge](#)



Click on the forum link to see your history of Sharing Possibilities communications with other members.

[Click to enlarge](#)



Click here to type a new message to the person you're communicating with through Sharing Possibilities.

[Click to enlarge](#)



Click here to read messages from people you're communicating with through Sharing Possibilities.

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Welcome Back

Hi (Mentor Name)!

Welcome back to Sharing Possibilities, the program that lets hemophilia A or B with inhibitors and congenital Factor VII deficiency patients and caregivers learn from the experience of their peers.

Now that you're officially a mentor in the Sharing Possibilities program, you can use this as your "home" page. Follow the links below to enter or learn more about using your forum, or to brush up on your Sharing Possibilities mentor training.

Mentor Resource Center

-  **Mentor Training** – Review the training exercises you passed to become a mentor.
-  **Mentor Quiz** – Review the answers to the quiz you passed to become a mentor.
-  **FAQs** – Get answers to frequently asked questions about adverse events, financial support, and more.
-  **Forum Instructions** – Brush up on how to use the Sharing Possibilities forum.
-  **Access Your Forum** – Click the link to go directly to your forum.
-  **Changing Possibilities in Hemophilia® Resource Page** – Download helpful brochures about living with or caring for someone with inhibitors or congenital Factor VII deficiency, traveling, financial assistance, pain management and joint health, emergency rooms, and more.
-  **Share Your Story** – Would you like to let other members know about your experiences as a Sharing Possibilities mentor? Click the link to share your story. You may see it here on our web site in the future.*

*Please note that by sharing your story, you are giving permission to Novo Nordisk to display all or part of it in the Sharing Possibilities portion of ChangingPossibilities-us.com for other members and visitors to the site to see.



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Mentor Communications
Training Quiz

Please complete the following based on the information presented in the Sharing Possibilities mentor communications training. Read and answer all questions to demonstrate your successful understanding of the guidelines that must be followed by all mentors as part of the Sharing Possibilities program.

Name:

Section 1 of 2

Please be sure to complete each section before you submit.

Please read each statement and select TRUE or FALSE.

- A goal of the Sharing Possibilities program is to establish a basic support network within the hemophilia inhibitor community that helps to connect patients and caregivers with peers who living with hemophilia with inhibitors.
 TRUE FALSE
- A goal of the Sharing Possibilities program is to help anyone who wants to meet other people with hemophilia and make new friends.
 TRUE FALSE
- Sharing Possibilities mentors are volunteers with Novo Nordisk, Inc., the hemophilia product manufacturer that created and manages the Sharing Possibilities program.
 TRUE FALSE
- The Sharing Possibilities forum is a chat board for people with hemophilia.
 TRUE FALSE
- Mentors agree to share their experiences honestly with other patients or caregivers who have joined the Sharing Possibilities program.
 TRUE FALSE
- Mentors should respond to a request for contact or communications from Sharing Possibilities members within 72 hours whenever possible.
 TRUE FALSE
- A mentor is only allowed to contact the Sharing Possibilities program administrator at the end of his or her volunteer commitment.
 TRUE FALSE
- Sharing Possibilities program members are encouraged to share personal contact information with each other, such as addresses, telephone numbers, and personal emails.
 TRUE FALSE
- An adverse event is an undesirable health experience by an individual that is associated with the use of a medical product.
 TRUE FALSE

Continue

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Mentor Communications
Training Quiz

Please complete the following based on the information presented in the Sharing Possibilities mentor communications training. Read and answer all questions to demonstrate your successful understanding of the guidelines that must be followed by all mentors as part of the Sharing Possibilities program.

Name: **Section 2 of 2****Please be sure to complete each section before you submit.**

▶ Please read each statement and select TRUE or FALSE.

▼ Please read each statement and select one (1) response from the multiple choice selections that best identifies that action a mentor should take based on the Guidelines for Novo Nordisk Educational Programs.

10. During a mentoring exchange, mentor Tom is asked what factor product is best for building up tolerance to inhibitors. Mentor Tom should respond in the following way:

- A Tell his mentoring contact the name of the product that he uses and recommend that he try it too.
- B Share his experience with immune tolerance induction therapy and encourage his mentoring contact to talk to his healthcare professional about this medical issue.
- C Refer his mentoring contact to a web site he heard about, but has not used, that compares factor products.
- D Ignore the question and ask his mentoring contact if he wants to buy a bike he has for sale.

11. Mentor Sally is asked for her opinion on the best infusion schedule for a teenager. Mentor Sally should respond in the following way:

- A Forward the infusion and dosing regimen her son used when he was a teenager.
- B Ask her mentoring contact more questions about her situation so she can give better advice about treatment options.
- C Avoid giving her opinion about good or bad infusion schedules by sharing experiences she had with her own teenager; encourage her mentoring contact to talk to her doctor.
- D Provide the mentoring contact's information to her neighbor so they can talk about gardening.

12. Mentor JoAnne is talking to her mentoring contact Ashley about how difficult emergency hospital visits can be. What would be valuable for mentor JoAnne to share in that conversation?

- A Provide a list of hospitals in Ashley's state that mentor JoAnne heard have good emergency room physicians, although she does not know any of them directly.
- B Complain about poor healthcare services for people living with hemophilia with inhibitors.
- C Tell Ashley she should take better care of her son so that they can avoid visits to the ER.
- D Talk to Ashley about her own ER experiences and share some tips she has used over the years to make the trips less stressful.

13. In a Sharing Possibilities communications, mentor Matt learns that Dan has started having headaches and mentioned it might have something to do with his bypassing agent. What should mentor Matt do with this information?

- A Ignore it.
- B Encourage Dan to take aspirin for his headaches.
- C Explain to Dan that he should talk to his doctor about his headaches to make sure that he is not having an adverse event or reaction to his hemophilia treatments; provide Dan with a link to the FDA MedWatch web site.
- D Contact the FDA and fill out an adverse event report for Dan.

14. A Sharing Possibilities member is complaining about constant bleeds in his knees from walking around campus. What would be an appropriate response by a mentor?

- A "I had issues too with all the hills at school. I reworked my schedule to minimize cross-campus trips and talked to my healthcare professional on some different ways to minimize the stress on my knees."
- B "That is too bad. You should quit school and change your treatment regimen."
- C "That is really unusual. Do you want me to talk to my doctor to see what he recommends that might help you?"
- D "Don't worry about the bleeds. They will stop after a while."

Submit

Thank you for completing this quiz and for continued interest in serving as a Sharing Possibilities mentor. Please call 1-800-XXX-XXX if you have any additional questions.

The content of this communication is to provide information regarding the Sharing Possibilities program and is not intended to represent or imply medical advice. Please consult a physician with any medical issues or concerns. This information was sent to you by Novo Nordisk.

If you do not want to be included in future mailings or communications from Novo Nordisk about the Sharing Possibilities program, please call 1-800-XXX-XXXX or send a brief note with your name and address to Novo Nordisk at 100 College Road West, Princeton, New Jersey 08540.

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Questions to Ask



Below you'll find answers to some frequently asked questions about being a Sharing Possibilities mentor. If you have a question that is not answered below, please contact xxx at xxx.

Q. What do I do if the person I'm mentoring tells me they feel sick from their medicine?

A. Choose the following selection from the list pre-populated answers:

It sounds like you may be experiencing an adverse event. You are encouraged to report negative side effects to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Q. How do I respond to a question about financial assistance?

A. Provide some examples of some of the support you have personally received from different organizations in the past, such as manufacturers or your local chapter.

Q. How do I report an inappropriate question or comment?

A. You are encouraged to report any inappropriate or questionable discussion topics to the program administrator. You will see an option to report to the administrator on your screen within the reply box.

Q. How do I end a relationship with someone I'm mentoring?

A. Once you have answered their inquiry to the best of your ability that will effectively end the engagement. Or if there is another reason (inappropriate line of questions, not the right fit, etc.) you can always contact the program administrator via the online forum by clicking the report to moderator option.

Q. Am I allowed to share personal information, like my last name or phone number, with the person I'm mentoring?

A. As discussed during your training, you are not required or encouraged to share any personal information other than your experiences. There may be times when you require a deeper discussion and would like to talk via phone. In these rare instances, you may request a conference line to use with the person you are mentoring.

Q. What if I am unable to complete my Sharing Possibilities commitment?

A. If a mentor is currently in communications with one or more Sharing Possibility members, he or she must notify the program administrator and his or her partners immediately. If the mentor does not have any active mentoring relationship but is unable to complete his or her one-year commitment, he or she should notify the Sharing Possibilities program administrator as soon as possible.

Q. Can I serve as a Sharing Possibilities mentor for more than one year?

A. Absolutely! If a mentor would like to continue serving the inhibitor community through his or her service with this program, he or she can contact the Sharing Possibilities program administrator.

Q. Will I get paid for being a Sharing Possibilities mentor?

A. No, being a Sharing Possibilities mentor is a volunteer role. No compensation is provided to individuals for the time they devote to others in the inhibitor community as part of this program.

Q. Can I update my profile or picture on the web site?

A. The information in the mentor profile provides a simple sketch of the mentor and his or her experiences with hemophilia and inhibitors. It is not meant to be a biography or current status summary. Updates are typically not required to profiles, but they are reviewed annually by the program administrator.

Q. Are there other ways to get involved in programs or projects sponsored by Novo Nordisk, Inc.?

A. Yes, there may be other ways that you can be involved as a volunteer in educational or promotional activities sponsored by Novo Nordisk, Inc. As part of the feedback form that is provided at the conclusion of your role in Sharing Possibilities, you can request that you be considered for future projects.

Q. What if I do not hear back from my Sharing Possibilities member?

A. There are a number of reasons that might cause a delay in Sharing Possibilities exchanges:

- If the exchange you have had with your partner has been satisfied and the questions are answered, there may be no need further communications.
- If the exchange has extended beyond the 90-day session length, the mentorship has concluded and access to the Sharing Possibilities forum is restricted. Please contact the Sharing Possibilities program administrator to request another mentor relationship.
- If you were in an active conversation with your Sharing Possibilities member and it has been more than one week since the last communication, please contact the Sharing Possibilities program administrator at info@sharingpossibilities.com.

Q. Can I forward or copy my Sharing Possibilities forum communications to my personal email?

A. No, to protect your privacy and that of your Sharing Possibilities member, all communication must be conducted through the Sharing Possibilities forum (or in rare instances via teleconference) and should not be copied or forwarded to anyone outside the program.

Q. Can a Sharing Possibilities mentor communicate with the child of a Sharing Possibilities member?

A. If the Sharing Possibilities member who is the parent or caregiver of the child approves of the communication and allows the minor to use his or her Sharing Possibilities account, the Sharing Possibilities mentor can have a dialogue. It is the sole discretion of the parent or caregiver to permit and authorize this exchange.

Q. How do I know when my Sharing Possibilities relationship is over?

A. Each mentor relationship is limited to 90-day, but the exact length of a relationship is determined by the mentor and the program member within that time frame. Questions and guidance could be shared over a week or two, or over several months; every experience is different. At the end of the 90-day session, both participants will receive an evaluation and feedback request from the program. After that time, the communication link in the Sharing Possibilities forum will end and communication through the program will not be possible unless a new mentor request is received.

Q. What if the mentor and his or her Sharing Possibilities member want to continue the mentoring relationship beyond 90 days?

A. The intent of the Sharing Possibilities program is to help individuals share some particular challenges with mentors who have had experience with similar situations. These can typically be addressed in a few electronic exchanges or conversations. If both the mentor and the Sharing Possibilities member want to continue the relationship beyond the 90 days, the person being mentored must use the select a mentor process on the web site again.

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Sharing possibilities

*Their Experience =
Your Inspiration*



At Novo Nordisk, we know that nothing is more important when it comes to your health than the advice and counsel of your healthcare provider. But we also know that you like to hear from others who've walked in your shoes—fellow patients and caregivers. That's why we created the Sharing Possibilities mentor program.

This unique program allows you to learn from a Sharing Possibilities mentor who's had similar hemophilia A or B with inhibitors or congenital Factor VII deficiency issues. Your mentor will answer your questions in a private forum that only the two of you can access. To learn more about the special people eager to share their insight with you, click the link below.

[Meet the mentors](#)

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Sharing possibilities *Meet the Mentors*

Learn from someone who's been there too

We have plenty of terrific mentors for you to choose from. They're a mix of people with hemophilia A or B with inhibitors, patients with congenital Factor VII deficiency, and caregivers too. This diversity lets you find the mentor you feel you'll be most comfortable with. Someone who's been where you are now.

When you find the mentor you'd like to connect with, click the "Submit Request to Connect" button. Once you're accepted, you can begin asking questions right away.

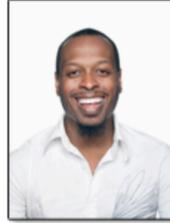
After you're accepted by a mentor you can start asking questions right away. And you'll get a personal Sharing Possibilities member home page that includes forum instructions and links to additional resources.

Hemophilia A with an inhibitor

Bob is a Physical Therapist who has two sons. Both of Bob's sons, Tyler and Cole, have hemophilia A with an inhibitor.

Age: 32

[Submit Request to Connect](#)



FAQs - Get answers to frequently asked questions, including questions that your mentor may or may not be able to answer



<input type="checkbox"/> Caregiver <input type="checkbox"/> Patient	Diagnosis <input type="checkbox"/> Hemophilia A with inhibitors <input type="checkbox"/> Hemophilia B with inhibitors <input type="checkbox"/> Factor VII	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	Age <input type="checkbox"/> 18-24 <input type="checkbox"/> 25-30 <input type="checkbox"/> 31+
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Narrow Your Mentor Search

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Sharing possibilities How to become a mentor



Already a member of the Changing Possibilities in Hemophilia® Coalition?

Click the button to the right to sign in to Sharing Possibilities using your Changing Possibilities in Hemophilia® Coalition user name and password.

Not yet a member of the Changing Possibilities in Hemophilia® Coalition?

Click the button to the right to complete one registration for both the Changing Possibilities in Hemophilia® Coalition and the Sharing Possibilities program.

Sign in/Sign up

A, B or Factor VII with inhibitors and my current therapy includes a by-passing agent

relationship with other manufacturers of hemophilia treatments

If you meet all of these requirements, please [click here](#) to complete your Sharing Possibilities™ Mentor application.

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SITE MAP PRIVACY POLICY SHARE YOUR DREAM



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Get the Answers You Need

We know that living with hemophilia with inhibitors isn't easy. That's why we created Sharing Possibilities. And it's why we've done our best to make having a mentor as convenient and useful as possible for you. This personalized page is one example. If you have questions, it's a great place to come for answers. You can click the links below to access a number of helpful resources.



Helpful Resources

- FAQs** - Get answers to frequently asked questions, including questions that your mentor may or may not be able to answer.
- Forum Instructions** - Brush up on how to access and use the Sharing Possibilities forum.
- Choose a Mentor** - Click this link when you're ready to select a mentor and every time you want to choose a new one.
- Changing Possibilities in Hemophilia® Resource Page** - Download helpful brochures about living with or caring for someone with inhibitors or congenital Factor VII deficiency, traveling, financial assistance, pain management and joint health, emergency rooms, and more.



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Share



Welcome Back

Hi (Member Name)!

Welcome back to Sharing Possibilities, the program that lets hemophilia A or B with inhibitors and congenital Factor VII deficiency patients and caregivers learn from the experience of their peers.

As a member of Sharing Possibilities, you can use this as your "home page." Follow the links below for answers to questions like...

How do I use my forum?

How do I choose a mentor?

How do I share my great experience with others?

Member Resource Center

- Forum Instructions** - Brush up on how to access and use the Sharing Possibilities forum.
- Access Your Forum** - Click the link to go directly to your forum.
- Choose a Mentor** - Click this link when you're ready to select a mentor and every time you want to choose a new one.
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- Share Your Story** - Would you like to let other members know about your experiences with Sharing Possibilities mentors? Click the link to share your story. You may see it here on our web site in the future.*

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Frequently Asked Questions (FAQs)



Below you'll find answers to some frequently asked questions about being a member in the Sharing Possibilities program. If you have a question that is not answered below, please contact xxx at xxx.

Q. Is there a limit to the number of questions I can ask my mentor?

A. You are limited to one discussion topic. However, the topic may spawn additional questions that you are free to discuss with your mentor.

Q. Is there a limit to the amount of time my mentor can serve as my mentor?

A. There is a limit of 90 days on all relationships. After 90 days your engagement will end. However, you are free to go back and choose the same mentor or a new one.

Q. Can I call my mentor on the telephone?

A. It is encouraged that you limit your mentor relationship to the online forum discussions.

Q. Am I allowed to ask my mentor personal questions outside of hemophilia with inhibitors and medicine?

A. While the mentors are there to encourage, inspire and interact with, we ask them to keep the line of discussion around their own experiences. They are not professionals and cannot dispense any medical advice.

Q. Can I choose a new mentor if I think I might be more comfortable with someone else?

A. The program goal is to provide a support network that will make those involved feel at ease as well as fulfilled. Thus, if you feel that the mentor your chose is not the right fit, you are perfectly welcome to choose a new one.

Q. What if I do not hear back from my Sharing Possibilities mentor?

A. There are a number of reasons that might cause a delay in Sharing Possibilities exchanges:

- If the exchange you have had with your mentor has been satisfied and the questions are answered, there may be no need further communications.
- If the exchange has extended beyond the 90-day session length, the mentorship has concluded and access to the Sharing Possibilities forum is restricted. Please contact the Sharing Possibilities program administrator to request another mentor relationship.
- If you were in an active conversation with your Sharing Possibilities mentor and it has been more than one week since the last communication, please contact the Sharing Possibilities program administrator at info@sharingpossibilities.com.

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A. If the Sharing Possibilities member who is the parent or caregiver of the child approves of the communication and allows the minor to use his or her Sharing Possibilities account, the Sharing Possibilities mentor can have a dialogue. It is the sole discretion of the parent or caregiver to permit and authorize this exchange.

Q. How do I know when my Sharing Possibilities relationship is over?

A. Each mentor relationship is limited to 90 days, but the exact length of a relationship is determined by the mentor and the program member within that time frame. Questions and guidance could be shared over a week or two, or over several months; every experience is different. At the end of the 90-day session, both members will receive an evaluation and feedback request from the program. After that time, the communication link in the Sharing Possibilities forum will end and communication through the program will not be possible.

Q. What if the mentor and his or her Sharing Possibilities member want to continue the mentoring relationship beyond 90 days?

A. The intent of the Sharing Possibilities program is to help individuals share some particular challenges with mentors who have had experience with similar situations. These can typically be addressed in a few electronic exchanges or conversations. If both the mentor and the Sharing Possibilities member want to continue the relationship beyond the 90 days, it cannot be done through the program. If a Sharing Possibilities member would like to continue receiving support through the Sharing Possibilities program, he or she can request another mentor.

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Share Your Story

Sharing your story is a great way to let other members know about your terrific experience connecting with someone like you through Sharing Possibilities. Feel free to write as little or as much as you'd like. Thanks for sharing!



In what area did you find Sharing Possibilities to be most helpful?

Tell us about working with a Sharing Possibilities mentor or member.

Tell us why you would recommend Sharing Possibilities to other hemophilia A or B with inhibitors or congenital Factor VII deficiency patients or caregivers.

On a scale of 1-10, where 10 is the best rating and 1 is the worst, rate your experience in Sharing Possibilities, and tell us why you feel that way.

Submit

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Forum Instructions

The Sharing Possibilities forum is easy to use. In fact, it's similar to sending and reading emails, which you probably know all about. Learn more about how to use the forum below.

To use your forum, you'll need to create a Sharing Possibilities forum screen name. Your screen name should be 6-8 characters long and not include your last name or any words that may be offensive to others. It should also be different from your Changing Possibilities Coalition username.



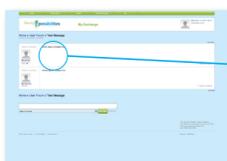
Click here to open the messages in your personal inbox.

[Click to enlarge](#)



Click on the forum link to see your history of Sharing Possibilities communications with other members.

[Click to enlarge](#)



Click here to type a new message to the person you're communicating with through Sharing Possibilities.

[Click to enlarge](#)



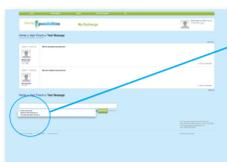
Click here to read messages from people you're communicating with through Sharing Possibilities.

[Click to enlarge](#)



Click here to alert the forum moderator if you feel you have been asked an inappropriate question or have been witness to inappropriate remarks.

[Click to enlarge](#)



Click here for standard responses to personal questions or those regarding adverse events or financial assistance.

[Click to enlarge](#)

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Forum Instructions

The Sharing Possibilities forum is easy to use. In fact, it's similar to sending and reading emails, which you probably know all about. Learn more about how to use the forum below.

To use your forum, you'll need to create a Sharing Possibilities forum screen name. Your screen name should be 6-8 characters long and not include your last name or any words that may be offensive to others. It should also be different from your Changing Possibilities Coalition username.



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